

New babies 'can lead to arguments'

14 Aug 2008

Over two-fifths of British dads (42%) think having a child has led to more arguments with their partner, it has been revealed.

Research by Colief Infant Drops found that money was the topic of the majority of arguments, followed by sleep problems.

Among older fathers, 70% said they thought they got more sleep than their partners, whereas 26% of 20-something dads said they got less.

Half of the dads surveyed claimed they get up in the night for feeds, a similar number said they changed nappies, while 56% revealed they regularly get up to calm their baby when he or she cries in the night.

Sex and relationship psychotherapist Paula Hall warned that a new baby can have a "massive impact" on nearly everything in a relationship, from money to social life.

"Having a baby can be the most bonding experience a couple can ever experience, but be prepared for the trials as well as the euphoria," she said. "The arrival of a new baby undoubtedly brings about major changes to relationships which take time to adapt to."

However, ten per cent of the dads surveyed said having a baby had made them more in love with their partner than ever before.

According to Asda, if fathers were paid an annual salary for all the unpaid jobs they do in the house, they would earn about £16,484 a year.

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