

5th August

Crying shame

It'll come as no surprise to anyone reading this site, but babies like to cry. A lot. As a result, the first few months of any baby's life can be a semi-comatose nightmare for the sleep-deprived parents, and this tiredness can frequently spill over into irritation and fighting for some couples.

A new survey conducted in the UK by Colief Infant Drops has released its findings today, revealing that 42% of dads say they argue more with their partner since the birth of their baby, with money being the top topic for arguments.

But while money is always an issue, the problem may really be the feeling of helplessness you feel as a dad when your child just won't stop crying, a condition known as colic. Despite the fact that dads are becoming more hands-on when it comes to baby care, 43% of dads surveyed admitted they felt a bit helpless when their baby is crying.

But if you're in this situation, don't worry. Try not to panic or get stressed out, and just accept that this stage of development is nature taking its course. The stage will pass, usually around the three-month mark, and it doesn't necessarily mean that anything is wrong with your child or the care you are providing. Remedies like **Colief Infant Drops** can help, but so can warm baths, soothing rocking movements and comforter dummies. Check out our "**All about kids**" section for more info on child development.

31st July

Growing Paynes



We'd like to start today with a big Dads Space welcome to Simon Payne. He's the author of *Growing Paynes*, our new blog, and you can read the first