

2008/08/14 - Newborns can lead to rows, warn dads



Some 42 per cent of dads in the UK think that having a child has upped the number of arguments they have with their partner.

The survey, conducted by Colief Infant Drops, also found that aside from money issues, sleep was the biggest cause of the rows between new parents.

However, around half of the dads claimed that they are doing their fair share of night time care, as they said they change nappies, feed and generally calm their babies during the early hours.

"Having a baby can be the most bonding experience a couple can ever experience, but be prepared for the trials as well as the euphoria," said sex and relationship psychotherapist Paula Hall.

Adding that a new baby "undoubtedly brings about major changes to relationships which take time to adapt to", Ms Hall explained that a child has a "massive impact" on finances, social lives and lots more areas of life.

A tenth of the survey respondents said that in fact, having a child had made them more in love with their partners than they were before.

Research by Asda has previously found that if a dad was paid for all the jobs they do around the house such as lifts to after-school clubs and homework help, they would earn around £16,484 in a year.

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