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Cohen poses to help modern dads

Former Northampton Saints star Ben Cohen has recreated Spencer Rowell's famous 'L'Enfant' image as part of a campaign to raise awareness of the challenges faced by modern dads.

The World Cup-winning winger posed with his baby daughter Isabelle in aid of the Problem Shared campaign to encourage parents to talk about the difficulties they may be having with parenthood.

The 29-year-old Franklin's Gardens favourite, now playing in France with Brive, said: "I can't believe how much I love fatherhood, I genuinely really enjoy it, but nothing quite prepares you for it.

"One of the hardest things when it comes to looking after a crying baby is getting to know what cry is for what, which takes time and

patience. "I found there really wasn't enough support and information for dads, particularly when it comes to having twins."

In September last year Ben and wife Abby became the proud parents of twins Isabelle and Harriette, and part of the reason Ben became involved with the campaign is due to his own personal experience.

He said: "The twins started to get colic symptoms at about two to three weeks. Harriette had it worse and would pull her knees up and cry for ages.

"When your baby is crying you just want an instant result to make it better. Abby was breastfeeding so we tried some drops which you add to the breast milk, and they seemed to ease their colic completely.

The twins are five months old now and seem to have got over their colic but without a remedy it could have been really hard to cope – thankfully we had a really supportive family around us."

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Former Saints star Ben Cohen recreates 'L'Enfant' with daughter Isabelle



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